

Luke 4:1-13 A Season Of Fasting

1. Christ-followers are expected to fast.

2. Fasting is between you and the Lord.

- Set your objective
- Make your commitment
 - Pray about what type fast
 - Prepare yourself Spiritually
 - Expect spiritual opposition
 - Put yourself on a schedule

Morning

Noon

Night

4 Then Jesus returned from the Jordan, full of the Holy Spirit, and was led by the Spirit in the wilderness ² for 40 days to be tempted by the Devil. He ate nothing during those days, and when they were over, He was hungry. ³ The Devil said to Him, "If You are the Son of God, tell this stone to become bread."

⁴ But Jesus answered him, "It is written: Man must not live on bread alone."

⁵ So he took Him up and showed Him all the kingdoms of the world in a moment of time. ⁶ The Devil said to Him, "I will give You their splendor and all this authority, because it has been given over to me, and I can give it to anyone I want. ⁷ If You, then, will worship me, all will be Yours."

⁸ And Jesus answered him, "It is written: Worship the Lord your God, and serve Him only."

⁹ So he took Him to Jerusalem, had Him stand on the pinnacle of the temple, and said to Him, "If You are the Son of God, throw Yourself down from here. ¹⁰ For it is written:

He will give His angels orders concerning you, to protect you,

¹¹ and they will support you with their hands, so that you will not strike your foot against a stone."

¹² And Jesus answered him, "It is said: Do not test the Lord your God."

¹³ After the Devil had finished every temptation, he departed from Him for a time.