

"How To Manage Our Mouths"

Ephesians 4:25-30

Bro. Mike Allred

Grieve - To distress, to sadden, to cause heaviness and sorrow.

1. Get good at _____.

2. Get good at _____.

What are you going to do with your anger?

3. Get good at _____.

4. Get good at _____.

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